

### MINUTES OF THE WASHOE COUNTY HUMAN SERVICES AGENCY SENIOR ADVISORY BOARD MEETING

July 15, 2020 Washoe County Senior Center, Reno, Nevada 89512 Zoom Webinar https://us02web.zoom.us/j/85431997394?pwd=WXNTS1Z4S0IIZmx5L3IYczFJYk51UT09

1. \*Call To Order - Meeting was called to order at 3:01 p.m. by Chair- Dr. Larry Weiss.

**2. \*Roll Call** – Dr. Larry Weiss asked for the roll call; Sandra Vasquez took the roll. There was a quorum present via Zoom meeting.

WASHOE COUNTY SENIOR SERVICES ADVISORY BOARD MEMBERS:		
PRESENT VIRTUALY		ABSENT (EXCUSED*)
Dr. Larry Weiss	Linda Hardie	Sarah Deardorff
Jennifer McMenomy	Rick Sorensen	
(phone)	Danada Rausch (Phone)	
James Doyle	Donna Clontz	
Mark Miranda	Barbara Korosa (Phone)	
WASHOE COUNTY STAFF PRESENT		ADVISOR PRESENT
Steve McBride	Herbert Kaplan (DA)	-
Abby Badolato	Sandra Vasquez	ADVISOR (ABSENT)
		Victoria Edmondson
		Connie McMullen

### 3. \*Public Comment –

No public comment.

### 4. \*Member Announcements –

Donna stated the HELLO Project has virtual meetings that people can attend, and they talk about things to help deal with the virus situation. Also, Artown has many things for people to do even through the virus situation. One thing that is special is the collaboration between Artown and the HELLO Project to create the Heartown Project, which is a project that will provide a wooden heart that people can decorate and then Artown will display them.

There is also the Corona Aging Network (CAN) through the state's 211 phone number which is a special resource for aging people; it connects seniors with the community.

Larry stated the HELLO Project is really focusing on senior isolation in the 89512 zip code.

- 5. Approval of the Agenda for the Advisory Board Meeting on July 15, 2020 (For Possible Action) Motion to approve the agenda was made by Mark Miranda and seconded by Linda Hardie. Motion passed unanimously.
- 6. Approval of the Minutes for the Advisory Board Meeting on March 4, 2020 (For Possible Action) Motion to approve the minutes was made by Donna Clontz and seconded by James Doyle. Motion passed unanimously.
- 7. \*Presentation and discussion regarding COVID-19 activities Steve McBride, Division Director Steve stated the senior centers are closed, except for the Nutrition Program. The Daybreak staff has been repurposed to help with the Nutrition Program and support to HSA. From January to March, almost 68,000 meals were provided to 1,148 unique clients. Since March 17, the Nutrition Program has grown almost 25%; 125,000 meals have been provided to about 1,500 unique clients. Also, the state has relaxed the requirements of the grant to work on the need of food security. There were also meals provided to the Indian Colony. Abby stated they applied for the ADSD emergency funding grant, the first was for providing added meals; they applied for personal protective equipment for the homemaker program, grocery delivery program, and the wellness check. Application for a grant through the Department of Agriculture was approved and they received 5 additional meal trucks and there are 2 pending ADSD grants that would help with a freezer for meals and new flooring and vinyl chairs for easy cleaning at the Reno and Sparks Centers. It is about \$1.3 million that were requested for funding. Also, social workers started to go out and do home visits on July 1<sup>st</sup>. Also, the Fan Drive is open and going.

### 8.\*Update and discussion of 2020 Census

Donna stated she hasn't heard about what is going on with the Census other than the normal email from them. Steve stated that the Census is still active, but it's all through electronic communications. The last time he heard was that Washoe County had responded at 60%.

### 9. Update, report, discussion, and possible recommendations regarding age friendly communities sponsored by AARP throughout the county and cities (For Possible Action) – Donna Clontz

Donna stated they have been updating the age friendly plan the last 3 years. There was a group of about 15 people that was working on an action plan. The World Health Organization works with AARP to get community members interested in the program, there are over 500 engaged communities in the US. The main focuses were transportation, affordable housing, and information and resources. They worked to get all the information into an action plan and submitted it mid-April, it was approved. They have 3 years to make progress on the action plan. Donna provided a survey (see attached) that was created so people participating at meal pick up sites and home delivery meal program can complete it. Linda stated it is a well-made survey and volunteered to help hand out the survey. Steve stated they can give the surveys to home delivery meal drivers so they can hand them out.

10. Discussion and possible recommendation to co-host a community seminar regarding current senior mental health issues and services, including topics relating to suicide prevention, elder abuse, law enforcement programs and policies in dealing with crimes against elders, training seniors and staff

### in techniques to prevent, de-escalate and defuse negative social interactions with others. (For Possible Action) – Steve McBride, Division Director

Steve stated they had been planning the seminar for 5 months and had a date of April 23<sup>rd</sup>, but had to postpone due to the COVID-19. They are not in a position to reschedule yet.

Larry stated he would like to see the draft agenda for the seminar.

Steve stated some speakers have retired, it is doubtful for it to happen on 2020, maybe next spring.

Marsy Kupfersmith (from public) stated the independent living spaces have been on lockdown. It is hard that a senior pays a lot of money for living in a place where they have the capability to be active, but since they are on lockdown, they don't have that experience anymore.

## **11.** Discussion and possible recommendation to co-host a project to deal with elders in the home delivered meal program who are isolated and alone (For Possible Action)

Larry stated the wellness checks the county staff completes has picked up on this item. Donna stated a month ago she had a talk with Abby and Steve and there was talk to have volunteers do the calls to seniors to check in and have a friendly call.

Abby stated it may be good to look into talking with directors of independent living facilities and see if there are any volunteers or people that would like to communicate with other people. It would also be good to ask people that receive the wellness check if they would like an additional call during the week.

Danada, Larry, and Donna would like to help make calls.

# **12.** Report, discussion, and possible recommendations regarding recruiting new board members for Districts with vacancies and an Alternate seat (For Possible Action)

Larry asked what seats are open, Sandra stated District 1 and 5 have an opening and the Alternate seat is also still open. Danada stated she knows someone that would like to apply for a seat on the board.

13. Report, discussion, possible recommendations and updates on the Advisory Board member's Shared Issues and Goals for Housing, Advocacy, Communication & Information, Data Planning, Transportation, Nutrition Programs, Social & Recreation, Senior Law, Volunteering, Financing, and Social & Health Services (For Possible Action)

No updates provided.

# 14. Report, discussion, and possible recommendations on senior board members to attend ongoing Washoe County public meetings (For Possible Action)

No updates provided.

15. Agenda items for the next Board meeting (For Possible Action)

Next meeting on August 5

### 16. \*Public comment –

No public comment.

### 17. Adjournment (For Possible Action)

Motion to adjourn was made by Linda Hardie and seconded by Donna Clontz. Motion was unanimous. Meeting adjourned at 4:00 pm.